

### ■ Discuss

What stood out to you from this session? Did Eric say anything that specifically struck you?

How do Jonah's actions demonstrate what Eric called a "demotion" as the prophet ran from God?

How have you seen the connection between the physical and spiritual illustrated in your own life or that of others?

What does God's willingness to intervene in our idolatry teach us about His character?

What are some examples of things that compete with God's call for our attention?

What has God broken up in your life to draw you back to Himself? What might He be breaking up today for your good?

How does one "wake up" spiritually?

What does ignoring God's wake up call lead to?

How does the idea of God breaking up the things we place our confidence in sit with you?

What storms are you facing? What is God breaking apart to wake you spiritually?

How does the example of Jesus contrast with that of Jonah?

How should Jesus' model of perseverance encourage us to remain faithful in the storms we face today?

# HANDOUT

## Session 2: Jonah 1:4-6

# THE BOOK OF JONAH

### ■ Live it Out

**Prayer:** Whether or not God is confronting self-centeredness in your life, ask Him to shape your heart to see His interruptions as blessings.

**Listen:** Identify two or three mature Christians and ask to spend time connecting with them. Ask about the ways God has interrupted their lives for spiritual maturity and let their testimonies encourage you onward.

**Perspective:** As you go about your week, pay attention to the interruptions to your routine. Make a conscious effort to view them as God-given opportunities to grow in your faith.

**Draw:** What comes to mind when you think of the words “asleep” and “awake”? Create a visual image that best represents your understanding of how God has woken you from spiritual slumber.

**Memorize:** Commit Ephesians 5:14 to memory with the prayer that God would awaken you spiritually wherever needed.